

# AUTUMN TERM MENU 2017

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week One</b>	<i>Main</i> Cottage Pie  <i>Vegetarian Option</i> Vegetarian Cottage Pie  <i>Dessert</i> Stewed Fruit & Custard	<i>Main</i> Lasagne, Carrots & Garlic Bread  <i>Vegetarian Option</i> Vegetarian Lasagne  <i>Dessert</i> Yoghurt & Soft Fruit	<i>Main</i> Cauliflower & Broccoli Bake  <i>Vegetarian Option</i> Cauliflower & Broccoli Bake  <i>Dessert</i> Apple Pie & Custard	<i>Main</i> Chicken Curry & Jacket Potato  <i>Vegetarian Option</i> Vegetable Curry & Jacket Potato  <i>Dessert</i> Coconut Sponge & Custard	<i>Main</i> Fish Fingers, Parsley Sauce, Carrots  <i>Vegetarian Option</i> Filled Jacket Potatoes  <i>Dessert</i> Rice Pudding & Soft Fruit
<b>Week Two</b>	<i>Main</i> Pork & Herb Plait  <i>Vegetarian Option</i> Cauliflower Cheese & Broccoli Bake  <i>Dessert</i> Fruit Sponge/Carrot Cake	<i>Main</i> Chicken Pasta Bake, Broccoli  <i>Vegetarian Option</i> Tomato Pasta Bake, Broccoli  <i>Dessert</i> Fruit Crumble & Custard	<i>Main</i> Beef Stew, Dumplings, Carrots  <i>Vegetarian Option</i> Vegetable & Lentil Casserole  <i>Dessert</i> Jam Sponge & Custard	<i>Main</i> Cheese Omelettes & Beans  <i>Vegetarian Option</i> Cheese Omelette & Beans  <i>Dessert</i> Stewed Fruit & Custard	<i>Main</i> Shepherds Pie  <i>Vegetarian Option</i> Three Bean Casserole  <i>Dessert</i> Cheesecake and Cream
<b>Week Three</b>	<i>Main</i> Lamb Cobbler  <i>Vegetarian Option</i> Cheese & Onion Quiche  <i>Dessert</i> Stewed Fruit & Custard	<i>Main</i> Tinned Ravioli, Carrots  <i>Vegetarian Option</i> Macaroni Cheese, Carrots  <i>Dessert</i> Banana, Pears & Custard	<i>Main</i> Roast Chicken, Potatoes, Cauliflower  <i>Vegetarian Option</i> Mushroom Stroganoff, Potato  <i>Dessert</i> Pear Tart & Custard	<i>Main</i> Skinless Sausages, Gravy & Mashed Potato  <i>Vegetarian Option</i> Vegetarian Sausages, Gravy, Mashed Potatoes  <i>Dessert</i> Soft Fruit & Mousse	<i>Main</i> Fish Pie & Baked Beans  <i>Vegetarian Option</i> Root Vegetable Bake  <i>Dessert</i> Cocoa Beetroot Brownies & Custard
<b>Week Four</b>	<i>Main</i> Chicken Pie  <i>Vegetarian Option</i> Cheesy Potato Bake  <i>Dessert</i> Instant Whip	<i>Main</i> Spaghetti Bolognese, Garlic Bread  <i>Vegetarian Option</i> Quorn Bolognese  <i>Dessert</i> Fruit Crumble & Custard	<i>Main</i> Turkey in Gravy, Potatoes, Peas  <i>Vegetarian Option</i> Cheesy Vegetable Bake  <i>Dessert</i> Ice Cream with Custard	<i>Main</i> Chilli Con Carne, Rice  <i>Vegetarian Option</i> Bean & Vegetable Chilli, Rice  <i>Dessert</i> Apple Sponge & Custard	<i>Main</i> Jacket Potato, Tuna Mayonnaise  <i>Vegetarian Option</i> Jacket Potato, Cheese & Baked Beans  <i>Dessert</i> Fruit Muffin & Custard

Week One commencing: 4th September, 2nd October, 6th November, 4th December  
 Week Two commencing: 11th September, 9th October, 13th November, 11th December  
 Week Three commencing: 18th September, 16th October, 20th November, 18th December  
 Week Four commencing: 25th September, 30th October, 27th November