

Link News

Hello and welcome to our link newsletter.

14US really enjoyed last weeks college news and looked at all of the pictures and messages on the big screen. We love seeing what our friends have been up to and chatting about all the interesting things that go on at college. We also learnt a bit about the people who are new to our Chadsgrove community. We can't wait to get to know Jula, Harry and Leon more and are looking forward to meeting them in real life in the future.

A massive congratulations to Oliver for becoming the college mental health ambassador! We think that he will be brilliant in this very important role.

We also thought the college yoga sessions looked brilliant! We would love to learn more about this and join you for a session on zoom one day?

Talking of zoom, we are very excited about next weeks Halloween end of term disco. We have already sent our song requests into college and can't wait to have a virtual boogie!



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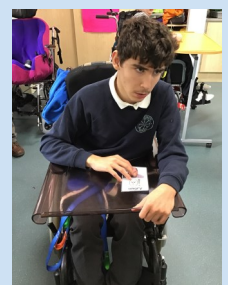
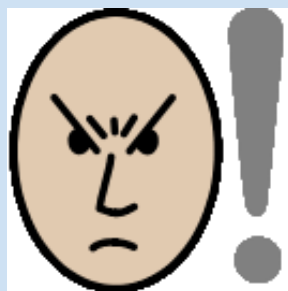
Communication



Holly has been reading one of her favourite stories on the eye gaze 'The fat bat.' She remembered who was in the story and she gave me her opinion about what happened.



We have been shaking our anger off this week with some brilliant expressions from everyone!

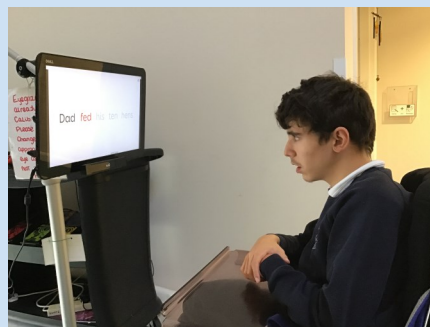


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Engagement for Living



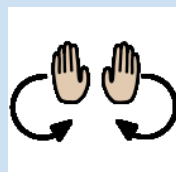
More Autumn fun this week! Everyone used their senses to explore the Autumn table. We matched all of the items to the correct symbols. Here is Mason showing off our woodland creature. He will be taking pride of place on our Autumn art work.... To be continued.



Timothy and Mason have been developing their looking skills this week and have both worked hard and engaged for longer using the eye gaze computer.

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Health



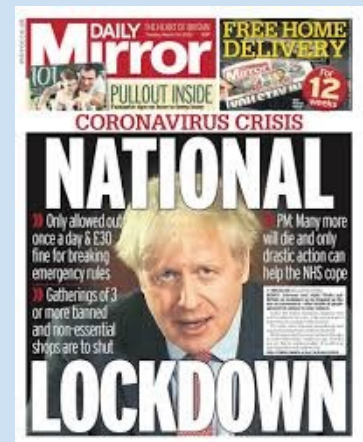
This week we have all been working on relaxation techniques and following our movement programs. We start each session with some motivating music and get to work on our stretches. After all that hard physical work it is important to warm down and relax with some deep breathing and massage. We have been choosing to have either a hand or foot massage to increase our circulation and make us feel great!

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Community

This week we listened to 15US's assembly about their lockdown news. We really enjoyed seeing what everyone had been up to and we realised we had been doing similar things at home too! We heard lots of positive stories about spending time with family and pets, getting active with workouts, walks and dancing and cooking special meals for the family. Our favourite story was about Gemma raising £2257 for the Queen Elizabeth hospital by walking 100 laps of her garden! Go Gemma, 14US are really proud of your achievement!

You are an inspiration!



14US would also like to say a big thank you to Justyna in 11US who has been working hard in the sensory garden. Look what Megan found! There are lots of new and interesting things to explore which we are enjoying looking for.

We enjoyed thinking about the good things we did during lockdown but are all happy to be back together with our friends and community at school.



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College News



Students have been learning personal care routines and communicating their preferences when selecting different products.

