



# Chadsgrove School Family Newsletter

1<sup>st</sup> Edition -  
January 2021

Welcome to the spring edition of the Chadsgrove School Family Newsletter.  
Each term, we aim to bring you information on accessing community support groups, government advice and guidelines and opportunities for participating in online courses.

To book online or hydro pool sessions please email either [cat@worcestersnoezelen.org.uk](mailto:cat@worcestersnoezelen.org.uk) or [lizzie@worcestersnoezelen.org.uk](mailto:lizzie@worcestersnoezelen.org.uk) or call Reception on 01905 748229 Ext 1.

To book online or face-to-face music sessions please email [steven@worcestersnoezelen.org.uk](mailto:steven@worcestersnoezelen.org.uk) or call reception on 01905 748229 Ext 1 and leave a message.



## ONLINE SESSIONS

**One-to-one Music Sessions** Varied availability from Monday to Thursday £18.00 per member for 45 minutes £11.00 per member for 30 minutes

**Virtual Rock School with Steven** Monday 3pm - 4pm £8.00 per member

## FACE-TO-FACE SESSIONS

**Hydro Pool** Weekdays (Monday - Friday) £18.00 for 1 hour private hire of pool

**Sounds Inclusive** at St Johns Wednesday 10:30am - 11:30am £8.00 per member

**Activity Wednesday** at St Johns Wednesday 12pm - 4pm Unsupported £32.00 (£8.00 per hour) Supported £24.00 (£6.00 per hour)



<https://www.carersworcs.org.uk/>

**Helpline: 0300 012 4272**

**Monday - Friday: 9am to 7pm, Saturday: 9am to 12pm**

Worcestershire Association of Carers is a registered charity providing an independent source of information, advice and support for unpaid adult carers in Worcestershire. We provide representation for carers at a local and national level and support carers to have a voice in decisions that affect them.

## Free Upcoming courses for 2021:

**2<sup>nd</sup> Feb** - Moving & Handling for Carers Webinar

**10<sup>th</sup> Feb** - Benefits Advice Webinar

**13<sup>th</sup> Feb** - Parent Carer Legal Workshop

**17<sup>th</sup> Feb** - Carer First Aid

**26<sup>th</sup> Feb** - Introduction to Mindfulness & Relaxation for Parent Carers

**26<sup>th</sup> Feb** - Legal Webinar for Parent Carers

Visit the website to book your free place on the courses



**soundabout**  
make music change lives

[www.soundabout.org.uk](http://www.soundabout.org.uk)

The MAC-Soundabout Inclusive Choir for the West Midlands will welcome young people of all abilities up to the age of 25 and is focussed on removing barriers from those with severe and profound learning disabilities being able to participate musically.



We are building a collection of accessible information and resources to help make sense of the changes that COVID-19 has caused in our lives and make this process a little easier for families. We will be adding to this section every week, so please log on to our website to find out what's new.

## Getting through COVID-19

<https://www.hacw.uk/sltcovid19>







**Signalong Workshop via Zoom on Thursday 19th November** – 4 families took part in an introduction to Signalong.

For any families interested, another workshop will be taking place later in the year. In the meantime, please visit <http://www.signalong.org.uk> and become a member for free, to get limited access to their online Signalong dictionary. For any questions relating to Signalong, or if you would like to learn a particular sign, please email Rebecca Sabel at [rs291@chadsgrove.worcs.sch.uk](mailto:rs291@chadsgrove.worcs.sch.uk)



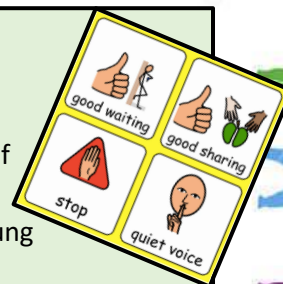
<https://www.startingwellworcs.nhs.uk/>

### Welcome to the Starting Well Partnership

We support families, parent carers, children and young people across Worcestershire to lead happy, healthy and fulfilled lives.



**Communicate in Print** allows you to create symbol-based support for your child/young person to communicate their wants and needs, share information and express their views. Symbols help support routines, events, stories/songs and all of your daily life needs at home and in the wider community. Chadsgrove uses the **Widgit Symbol System** with your child/young person every day. Visit the website for more information on accessing a free trial <https://www.widgit.com/products/widgit-online>



### Adult and Family Learning Courses

Libraries and Learning are able to offer a wide variety of courses for adults 19 years or over. Whether you are looking to improve your work prospects or want to learn for personal development, we provide access to formal and informal learning activities that you can choose from. Start building in your future today and find a course to begin your learning journey.

- ❖ Art, Culture and Creativity
- ❖ Courses for Businesses
- ❖ Computer and Digital Skills
- ❖ English, Maths and ESOL
- ❖ Health, Home and Wellbeing
- ❖ Learning for Families
- ❖ Modern Foreign Languages
- ❖ Vocational and Employment Skills



[https://www.worcestershire.gov.uk/info/20437/adult and family learning courses](https://www.worcestershire.gov.uk/info/20437/adult%20and%20family%20learning%20courses)

If you would like any additional support or information, or would like to add anything you feel relevant to future Newsletter editions, please contact Sarah Tillsley on [st270@chadsgrove.worcs.sch.uk](mailto:st270@chadsgrove.worcs.sch.uk)