# Chadsgrove

### **Family Support Newsletter** 9th June 2020



### Issue #6

Need anything translating? Let your weekly contact know.

Hello and welcome to the 6th issue of Chadsgrove's Family Support Newsletter! We hope that this newsletter finds you all safe and well. As always, any questions or concerns, please let your weekly contact know. Have a fabulous week!

### Safety makes sense!













www.capt.org.uk/Handlers/Download.ashx?IDMF=44e36e43bd5e-4dd0-acae-e040f37fe2ef

Worcestershire Children First

Parents' pack

Sign up for a free #family #learning sessions online. Offering fun 30minute videos each day to complete in your own time and support from a mentor. Why not try:

- -Book and Cook
- -Family Fun
- -Crafts
- -Signalong

capublic.worcestershire.gov.uk/CourseBo  $\underline{okingPublic/CoursesSearch/FAMILIES?}$ ga=2.118818185.1608172585.159075631 7-2002204098.1556267723





www.bbc.co.uk/news/ukengland-surrey-52923751



## WELLBEING in

10 x homeschool mini-courses and 30 x short videos

designed to support children's mental health. Access is free until 14th June – saving £99!

www.onegoal.co.uk/freeoffer

### Here2Help mental health urgent help

www.worcestershire.gov.uk/info/20758/here2help coro navirus covid-19/2220/mental health urgent help

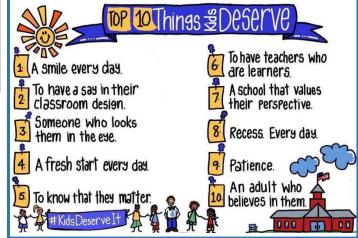
Support offered includes:

**Urgent Crisis Team Health Minds Service** Mental Health and Wellbeing Your Child's Mental Health and Wellbeing Staying at Home Wellbeing









### Don't suffer in silence

Call the National Domestic Abuse Helpline on: **0808 2000 247** (women) **0808 8010 327** (men)

If you are in immediate danger, call 999. If you can't talk dial 55 and help will come.

gov.uk/quidance/domestic-abusehow-to-get-help

Thrift Corner! We have searched the web to find some great deals that could save you ££s!



LOOK OUT FOR OUR **FATHER'S DAY** SPECIAL EDITION!



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