

AUTUMN TERM MENU 2018

	Monday	Tuesday	Wednesday	Thursday	Friday
Week One	<i>Main</i> Cottage Pie <i>Vegetarian Option</i> Vegetarian Cottage Pie <i>Dessert</i> Stewed Fruit & Custard	<i>Main</i> Lasagne, Carrots & Garlic Bread <i>Vegetarian Option</i> Vegetarian Lasagne <i>Dessert</i> Yoghurt & Soft Fruit	<i>Main</i> Cauliflower & Broccoli Bake <i>Vegetarian Option</i> Cauliflower & Broccoli Bake <i>Dessert</i> Apple Pie & Custard	<i>Main</i> Chicken Curry & Jacket Potato <i>Vegetarian Option</i> Vegetable Curry & Jacket Potato <i>Dessert</i> Coconut Sponge & Custard	<i>Main</i> Fish Fingers, Parsley Sauce, Carrots <i>Vegetarian Option</i> Filled Jacket Potatoes <i>Dessert</i> Rice Pudding & Soft Fruit
Week Two	<i>Main</i> Pork & Herb Plait <i>Vegetarian Option</i> Cauliflower Cheese & Broccoli Bake <i>Dessert</i> Fruit Sponge/Carrot Cake	<i>Main</i> Chicken Pasta Bake, Broccoli <i>Vegetarian Option</i> Tomato Pasta Bake, Broccoli <i>Dessert</i> Fruit Crumble & Custard	<i>Main</i> Beef Stew, Dumplings, Carrots <i>Vegetarian Option</i> Vegetable & Lentil Casserole <i>Dessert</i> Jam Sponge & Custard	<i>Main</i> Cheese Omelettes & Beans <i>Vegetarian Option</i> Cheese Omelette & Beans <i>Dessert</i> Stewed Fruit & Custard	<i>Main</i> Shepherds Pie <i>Vegetarian Option</i> Three Bean Casserole <i>Dessert</i> Cheesecake and Cream
Week Three	<i>Main</i> Lamb Cobbler <i>Vegetarian Option</i> Cheese & Onion Quiche <i>Dessert</i> Stewed Fruit & Custard	<i>Main</i> Tinned Ravioli, Carrots <i>Vegetarian Option</i> Macaroni Cheese, Carrots <i>Dessert</i> Banana, Pears & Custard	<i>Main</i> Roast Chicken, Potatoes, Cauliflower <i>Vegetarian Option</i> Mushroom Stroganoff, Potato <i>Dessert</i> Pear Tart & Custard	<i>Main</i> Skinless Sausages, Gravy & Mashed Potato <i>Vegetarian Option</i> Vegetarian Sausages, Gravy, Mashed Potatoes <i>Dessert</i> Soft Fruit & Mousse	<i>Main</i> Fish Pie & Baked Beans <i>Vegetarian Option</i> Root Vegetable Bake <i>Dessert</i> Cocoa Beetroot Brownies & Custard
Week Four	<i>Main</i> Chicken Pie <i>Vegetarian Option</i> Cheesy Potato Bake <i>Dessert</i> Instant Whip	<i>Main</i> Spaghetti Bolognese, Garlic Bread <i>Vegetarian Option</i> Quorn Bolognese <i>Dessert</i> Fruit Crumble & Custard	<i>Main</i> Turkey in Gravy, Potatoes, Peas <i>Vegetarian Option</i> Cheesy Vegetable Bake <i>Dessert</i> Ice Cream with Custard	<i>Main</i> Chilli Con Carne, Rice <i>Vegetarian Option</i> Bean & Vegetable Chilli, Rice <i>Dessert</i> Apple Sponge & Custard	<i>Main</i> Jacket Potato, Tuna Mayonnaise <i>Vegetarian Option</i> Jacket Potato, Cheese & Baked Beans <i>Dessert</i> Fruit Muffin & Custard

Week One commencing: 6th and 7th September, 1st October, 5th November and 3rd December
 Week Two commencing: 10th September, 8th October, 12th November and 10th December
 Week Three commencing: 17th September, 15th October, 19th November and 17th December
 Week Four commencing: 24th September, 22nd October, and 26th November