

Play Therapy

The team is made up of qualified play therapists experienced in working with children and young people with a range of presenting behaviours.

The team are able to carry out assessments to identify the emotional needs of pupils and how these are impacting on learning and behaviour. Recommendations may include individual therapy, therapy to include family members, therapeutic group work, group therapy or tailored staff training in responding therapeutically to children displaying distressed behaviour.

Play therapy is a gentle yet effective technique which can lead the child on a life changing journey to a more hopeful and positive place.

How do I know which of my pupils would benefit from/need Play Therapy?

Do you know a child who...?

- ◆ Suffers because of separated/divorced
- ◆ Is withdrawn or continually unhappy?
- ◆ Finds it difficult to make friends?
- ◆ Quarrels frequently with peers or
- ◆ Bullies others or is bullied themselves?
- ◆ Displays inappropriate or challenging behaviour?
- ◆ Is not realising their full potential - academically, or socially?
- ◆ Has nightmares or has disturbed sleep?
- ◆ Has witnessed Domestic Violence?
- ◆ Is at risk of being/is excluded from school?
- ◆ Has suffered trauma or a loss / bereavement
- ◆ Has suffered emotional, physical or sexual
- ◆ Is adopted or fostered or in the process of being?
- ◆ Suffers from anxiety, stress or phobias?

	Half-day	Full-day
Individual or Group Therapy Work	7 units Pay as you go £325	10 units Pay as you go £470
Staff Training or Whole School Work	10 units Pay as you go £470	15 units Pay as you go £700