|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **No.**  | **Item** | **Yes** | **No** | **Don’t Know** |
| **1** | **Resists changes to familiar routines** |  |  |  |
| **2** | **Does not recognise familiar people in unfamiliar clothes** |  |  |  |
| **3** | **Dislikes bright lights** |  |  |  |
| **4** | **Dislikes fluorescent lights** |  |  |  |
| **5** | **Is frightened by flashes of light** |  |  |  |
| **6** | **Puts hands over eyes or closes eyes in bright light** |  |  |  |
| **7** | **Is attracted to lights** |  |  |  |
| **8** | **Is fascinated by shiny objects and bright colours** |  |  |  |
| **9** | **Touches the walls of rooms** |  |  |  |
| **10** | **Enjoys certain patterns (e.g. brickwork, stripes)** |  |  |  |
| **11** | **Gets lost easily** |  |  |  |
| **12** | **Has a fear of heights, lifts, escalators** |  |  |  |
| **13** | **Has difficulty catching balls** |  |  |  |
| **14** | **Is startled when approached by others** |  |  |  |
| **15** | **Smells, licks, taps objects and people** |  |  |  |
| **16** | **Appears not to see certain colours** |  |  |  |
| **17** | **Uses peripheral vision when doing a task** |  |  |  |
| **18** | **Find it easier to listen when not looking at person** |  |  |  |
| **19** | **Remembers routes and places extremely well** |  |  |  |
| **20** | **Can memorise large amounts of information on certain topics** |  |  |  |



Pupil:

School:

Date completed::

AET Sensory Checklist

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|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **No.**  | **Item** | **Yes** | **No** | **Don’t Know** |
| **21** | **Finds crowded areas very difficult** |  |  |  |
| **22** | **Prefers to sit at back of group or front of group** |  |  |  |
| **23** | **Covers ears when hears certain sounds** |  |  |  |
| **24** | **Can hear sounds which others do not hear** |  |  |  |
| **25** | **Is very distressed by certain sounds** |  |  |  |
| **26** | **Bangs objects and doors** |  |  |  |
| **27** | **Is attracted by sounds and noises** |  |  |  |
| **28** | **Does not like shaking hands or being hugged** |  |  |  |
| **29** | **Likes a hug if chosen to do this** |  |  |  |
| **30** | **Only seems to hear the first words of a sentence** |  |  |  |
| **31** | **Repeats exactly what others have said** |  |  |  |
| **32** | **Very good auditory memory for songs and rhymes** |  |  |  |
| **33** | **Dislikes the feel of certain fabrics and substances** |  |  |  |
| **34** | **Seems unaware of pain and temperature** |  |  |  |
| **35** | **Dislikes certain foods and drinks** |  |  |  |
| **36** | **Seeks pressure by crawling under heavy objects** |  |  |  |
| **37** | **Hugs very tightly** |  |  |  |
| **38** | **Enjoys feeling certain materials** |  |  |  |
| **39** | **Dislikes certain everyday smells** |  |  |  |
| **40** | **Eats materials which are not edible** |  |  |  |
| **41** | **Likes to have food presented in a certain way on the plate** |  |  |  |
| **42** | **Dislikes crunchy or chewy food** |  |  |  |
| **43** | **Quite clumsy and bumps into objects and people**Page 2 of 3 |  |  |  |
| **No.**  | **Item** | **Yes** | **No** | **Don’t Know** |
| **44** | **Finds fine motor movements hard** |  |  |  |
| **45** | **Has difficulty running and climbing** |  |  |  |
| **46** | **Finds it hard to ride a bike** |  |  |  |
| **47** | **Does not seem to know where body is in space** |  |  |  |
| **48** | **Has poor balance** |  |  |  |
| **49** | **Afraid of everyday movement activities such as swings, slides trampoline** |  |  |  |
| **50** | **Has extremely good balance** |  |  |  |

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