



Chadsgrove School Interventions 2019

Drama Therapy:

Drama Therapy is a unique form of psychotherapy using creative play, movement, storytelling and dramatisation. Performing arts have a central position within a therapeutic relationship. Drama therapy allows children and young people to express difficult emotions safely using creative distance. This can be achieved by using masks, role play toys, puppets and stories. These techniques also enable children to develop positive social skills, self-esteem and emotional literacy. Drama Therapy was chosen as an intervention as some children were suffering from emotional trauma.

Rebound Therapy:

Rebound Therapy is a form of therapy which uses trampolines to provide opportunities for movement. It provides therapeutic exercise and recreation for children across the whole spectrum of special needs and provides opportunities for specialist interaction. Rebound therapy enables children to increase muscle strength and encourages children to take part in health related activities.

Hand Function:

Hand function sessions involve a variety of upper body and hand function skills and aims to develop a pupil's body awareness and posture as well as encouraging active use of their hands. Challenges encourage bilateral use and the crossing of mid-line as well as increasing their range of movement and motivation to extend their fine motor skills. Developing such skills should have a positive impact on the ease in which pupils can access resources and the curriculum, and as a result, improves learning. Furthermore, it is anticipated that the functional nature of the activities involved will benefit pupils' independence and self-care skills.

Communication sessions:


Communication sessions are designed to incorporate Speech and Language targets. Targets are regularly reviewed and monitored with the communication lead (Sarah Tillsley) and Speech and Language Therapists. They evaluate the targets with class staff and support the process of embedding these into learning across the curriculum.

Open Orchestra:

Chadsgrove runs a weekly programme which is led by our Music specialist and an additional member of staff as a Music Technology specialist. Chadsgrove's orchestra members receive 1:1 and small group tuition, as appropriate, and meet regularly to rehearse as a full orchestra. Conventional musical instruments are simply not an option for many SEND young people. 'Open Up Music' have created new, easy to use, accessible musical instruments (such as the Clarion which uses specialist software) that can be played with any part of the body, including the eyes. These instruments can be made available to the young musicians to take home.

Horse Riding:

Chadsgrove pupils participate in RDA horse riding sessions at Stourport Riding School. Research shows that horse riding with RDA delivers physical benefits, boosts confidence, improves communication skills and helps to build relationships. We know the RDA riding activities support our pupils' education and learning, and that having the opportunity to compete also improves confidence in daily life. Each year the RDA instructors build on their knowledge and use the insight from their research to help them do more with our pupils.



Drawing and Talking Therapy:

'Drawing and Talking' is a safe and easy to learn serial drawing technique for use with children and young people who have suffered trauma or have underlying emotional difficulties affecting their mental health and well-being. The technique is based on 'Jungian' and 'Attachment' (Bowlby) theories. Drawing and Talking Therapy is delivered by Julia Lloydlangston who is Chads Grove's Art Teacher.

Drawing and Talking Therapy supports those who are not realising their full potential either socially or academically.

Therapeutic Youth Worker:

Richard Pincher is Chads Grove School's Therapeutic Youth Worker. He meets with children regularly who are referred through their class teacher or other significant people within the young person's life. Richard has a fantastic relationship with pupils and pupils feel they can share information in a safe and secure environment.

Complex Needs Coordinator:

Chads Grove School has a Complex Needs Coordinator (Bev Cockbill). Whilst working with a specific child, a range of strategies and advice are made available to enable both staff and parents to engage to a greater level with the child.

Music Therapy:

Music therapy uses music as a tool for communication and expression. Making connections through music can have a positive impact on pupils' self-esteem, social skills, communication skills and their sense of identity. If a child is well equipped in these areas they are more likely to engage positively in their education. Although music therapy does not directly teach musical skills, it contributes to musical development by encouraging an awareness of pitch and rhythm, developing vocal confidence, spontaneity and creativity, improved listening skills and greater levels of concentration.

