

Chadsgrove

Family Support Newsletter

19th June 2020



Issue #7

Need anything translating?
Let your weekly contact know.

Hello and welcome to the 7th issue of Chadsgrove's Family Support Newsletter! We hope that this newsletter finds you all safe and well. As always, any questions or concerns, please let your weekly contact know. Have a fabulous week!



DAVID ATTENBOROUGH TEACHES GEOGRAPHY

The presenter of Blue Planet and Planet Earth fronts new Geography lessons on BBC Bitesize!

www.bbc.co.uk/newsround/53048939

BBC Bitesize

Manage your wellbeing as a parent carer during lockdown

www.bbc.co.uk/bitesize/articles/zrmhscw

You will never speak to anyone more than you speak to yourself in your head. Be kind to yourself.

tinybuddha.com



Downloadable audio book and sequencing game that helps to explain COVID 19 to younger children. (Plus lots of other useful resources!)



www.tonies.com/staying-in-tune/

GUIDE TO BUYING ADAPTIVE MUSICAL INSTRUMENTS



www.takeitaway.org.uk/news/adaptive-musical-instrument-guide/

This guide includes details of more than **80 musical instruments and products**, from prototypes and bespoke to commercially available and common accessories. Many have been specially designed to make learning and playing musical instruments of all kinds as accessible as possible for disabled players of all ages.



Free Father's Day Certificate



www.hobbycraft.co.uk/ideas/kids/free-fathers-day-certificate-download

GOOD FOR A LAUGH!

Classic children's book covers reimagined for life during lockdown!

www.thepoke.co.uk/2020/05/30/classic-childrens-books-reimagined-for-life-during-lockdown/



From keeping siblings entertained when their parents need to be with their sick brother or sister, to coming up with innovative ways to keep young minds occupied from a hospital bed or doctor's appointment!

#BoredomBusters



www.rainbowtrust.org.uk/



Learning Disabilities Carer Online Coffee Break
Saturday 23rd June
Starts @ 1pm Ends @ 2pm

www.carersworcs.org.uk/event/learning-disabilities-carer-online-coffee-break-jun



Change lives. For good. FREE activities to expand their world at home!

www.actionaid.org.uk/get-involved/school-resources/discovery-days



Don't suffer in silence

Call the National Domestic Abuse Helpline on: **0808 2000 247** (women)
0808 8010 327 (men)

If you are in immediate danger, call **999**. If you can't talk dial **55** and help will come.

gov.uk/guidance/domestic-abuse-how-to-get-help

Thrift Corner! We have searched the web to find some great deals that could save you ££s!



FREE Art Supplies!

www.latestfreestuff.co.uk/free-arts-and-crafts/free-benicci-acrylic-paint-set/ - FREE Acrylic Paint Set

www.latestfreestuff.co.uk/free-arts-and-crafts/free-a4-paper-bundle/ - FREE A4 Paper Bundle

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